



Key & Interpretation

YES The ingredient / dish DOES Contain this allergen. **OR** It **MAY BE** suitable for vegetarians/vegans.

No The ingredient / dish DOESN'T Contain this allergen. **OR** It **MAY BE** suitable for vegetarians/vegans.

C = Cross-Contamination The ingredient / dish DOESN'T Contain this allergen BUT there is a possible source of Cross-Contamination with the allergen during manufacture or in the factory / supply chain.

n/a data unavailable

Gluten Gluten is a protein component of wheat, rye, barley or oats.

Coeliac disease Coeliac disease is an intolerance, allergy or sensitivity to gluten found in wheat & flour but also similar proteins present in rye, barley & oats.

Milk Milk covers dairy & derivatives like cheese, butter & yoghurt.

Sesame Sesame is as seed or found in oil - sesame seed oil, vegetable oil where sesame is used, sesamol, sesamin, tahini, houmous etc.

Treenuts Treenuts are almond, hazelnut, walnut, cashew, pecan, brazil, pistachio, macadamia & queensland.

Mollusc Mollusc is a shellfish but has its own allergen category.

Lupin Lupin is related to legumes (the peas & beans family) & is linked to peanut. It is commonly in the form of flour & as cereal grain replacement.

Sulphite Sulphite is a processing aid or artificial preservative.

The data has been derived from technical product specifications &/or info provided by suppliers.

Please take note that the risk of Cross-Contamination during preparation of the dish in the restaurant kitchen IS NOT taken into account on this data.

Owing to the existence of Green Pesto within our kitchens, we CANNOT guarantee that our dishes are without nuts.

Your statutory rights are not affected.

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Recipe Dish	Does this recipe dish contain any of the below?														Is the recipe dish suitable for the		
	Egg	Fish	Shellfish	Mollusc	Milk	Peanut	Treenut	Sesame	Celery	Mustard	Soya	Sulphite	Gluten	Lupin	Vegetarian	Vegan	
Bread & Olives																	
1.1	Garlic Bread	No	No	No	No	Yes	No	No	No	No	C	No	No	Yes	No	Yes	No
1.2	Garlic Bread with Mozzarella	No	No	No	No	Yes	No	No	No	No	C	No	No	Yes	No	Yes	No
1.3	Garlic bread with Mozzarella and Calabrese Sausage	No	No	No	No	Yes	No	No	No	No	C	No	No	Yes	No	No	No
1.4	Pane Con Cipolla	No	No	No	No	Yes	No	No	No	No	C	No	No	Yes	No	Yes	No
1.5	Bread Board	Yes	No	No	No	Yes	No	C	C	No	No	C	Yes	Yes	No	Yes	No
1.6	Ciabatta Bread	No	No	No	No	C	No	C	C	No	No	C	No	Yes	No	Yes	No
1.7	Marinated Olives	No	No	No	No	No	No	No	No	No	C	No	No	No	No	Yes	Yes

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Starters																	
2.1	Minestrone Soup	No	No	No	No	Yes	No	C	C	No	No	C	No	Yes	No	Yes	No
2.2	Baked Mushrooms	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	Yes	No	No	No
2.3	Bruschetta - Note this dish Contains Pine Nuts	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No
2.4	Crab Cakes	Yes	Yes	Yes	No	No	C	C	C	Yes	Yes	Yes	No	Yes	No	No	No
2.5	Oven Roasted Chicken Wings	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes	No	No	No
2.6	Tiger Prawns	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No
2.7	Arancini	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes	No	No	No
2.8	Mozzarella in Carrozza	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No
2.9	Mushroom Bruschetta	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes
2.10	Grilled Goat's Cheese	No	No	No	No	Yes	No	No	No	No	No	No	Yes	Yes	No	Yes	No
2.11	Calamari	Yes	No	No	Yes	No	C	C	C	No	Yes	No	No	Yes	No	No	No
Starters to Share																	
2.13	Italian Nachos	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No
2.14	Antipasto Platter	Yes	No	No	No	Yes	No	No	No	No	No	No	Yes	Yes	No	No	No

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Pasta																	
3.1	Fusilli Con Bufala	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No
3.2	Spaghetti with Meatballs	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
3.3	Penne al Pollo Zafferano	No	No	No	No	Yes	C	C	C	No	C	Yes	Yes	Yes	No	No	No
3.4	Spaghetti with Tiger Prawns	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No	No	No
3.5	Penne Con Salmone	No	Yes	No	No	Yes	No	No	No	No	No	No	No	Yes	No	No	No
3.6	Fusilli with Italian Sausage	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
3.7	Penne Arrabbiata	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes
3.8	Spaghetti Bolognese	No	No	No	No	C	No	No	No	Yes	No	C	No	Yes	No	No	No
3.9	Spaghetti Carbonara	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	No	No
3.10	Fusilli all Rusticana	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No
Filled pastas:																	
3.11	Wild Mushroom Girasolle	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No
3.12	Chicken Ravioli	Yes	C	C	No	Yes	No	No	C	No	No	No	No	Yes	No	No	No
3.13	Lobster & Crab Tortelli	Yes	Yes	Yes	No	Yes	C	C	C	Yes	Yes	Yes	Yes	Yes	No	No	No

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Al forno Speciality pastas all covered with our blend of cheese and baked in the pizza oven																	
4.1	Traditional Lasagne	Yes	C	C	C	Yes	No	No	C	Yes	C	C	No	Yes	No	No	No
4.2	Pollo Carbonara	Yes	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No
4.3	Pollo Mariano	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No
4.4	Goat's Cheese Al Forno	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No
4.5	Meatballs Al Forno	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	No	No
Grills All served with your choice of house fries, gratinated potatoes or mixed salad																	
5.1	Pollo Siciliana	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No
5.2	Pollo Al Funghi	No	No	No	No	Yes	C	C	C	Yes	No	Yes	Yes	Yes	No	No	No
5.3	Crab Cakes	Yes	Yes	Yes	No	Yes	C	C	C	Yes	Yes	Yes	Yes	Yes	No	No	No
5.4	Pollo Gorgonzola	No	No	No	No	Yes	No	No	No	No	No	Yes	No	Yes	No	No	No
5.5	Classic Burger	Yes	No	No	No	Yes	C	C	Yes	No	Yes	Yes	No	Yes	No	No	No
5.6	Chicken & Red Pesto Sandwich	Yes	No	No	No	Yes	C	C	C	No	Yes	Yes	No	Yes	No	No	No

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Pizza																
6.1 Margherita	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	Yes	No
6.2 Funghi	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	Yes	No
6.3 Quattro Formaggi	Yes	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	No	No
6.4 Spicy Beef	No	No	No	No	Yes	C	C	No	No	No	Yes	No	Yes	No	No	No
6.5 Prosciutto e funghi	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	No	No
6.6 Vesuvio	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	No	No
6.7 Bianca	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	Yes	No
6.8 Fiorentina	Yes	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	No	No
6.9 Gorgonzola	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	No	No
6.10 Tre Gusti	No	No	No	No	Yes	C	C	No	No	No	Yes	No	Yes	No	No	No
6.11 Tropicana	No	No	No	No	Yes	C	C	No	No	No	No	No	Yes	No	No	No
6.12 Quattro Stagioni	No	C	C	No	Yes	C	C	No	C	No	C	No	Yes	No	No	No
Extra Toppings																
Pepperoni Sausage	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Seasoned Chicken	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Prosciutto Ham	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Pancetta Bacon	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Spicy Beef	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No

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Side Orders																
10.1 Gratinated potatoes	No	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	Yes	No
10.2 House Fries	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
10.3 Caesar Salad	Yes	No	No	C	Yes	C	C	C	No	No	No	No	Yes	C	No	No
10.4 Tomato and Red Onion Salad	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
10.5 Mixed Salad	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No
10.6 Rocket and Grana Padano Cheese Salad	Yes	No	No	No	Yes	No	No	No	No	No	No	Yes	No	No	No	No
10.7 Courgette Fries	Yes	No	No	No	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No

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Desserts																
11.1 Vanilla Panna Cotta	C	No	No	No	Yes	No	C	No	No	No	C	Yes	C	No	No	No
11.2 Chocolate Fudge Cake	Yes	No	No	No	Yes	No	C	No	No	No	Yes	Yes	Yes	No	Yes	No
11.3 Tiramisu	Yes	No	No	No	Yes	No	C	No	No	No	No	No	Yes	No	Yes	No
11.4 Honeycomb Cheesecake	C	No	No	No	Yes	No	C	No	No	No	Yes	Yes	Yes	No	Yes	No
11.5 Sticky Toffee Pudding	Yes	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	No
11.6 Roast Banana Toffee Cheesecake	C	No	No	No	Yes	No	C	No	No	No	C	Yes	Yes	No	Yes	No
11.7 Chocolate Cake	Yes	No	No	No	Yes	No	Yes	No	No	No	Yes	Yes	Yes	No	Yes	No
11.8 Hazelnut Bombe	Yes	No	No	No	Yes	No	Yes	No	No	No	No	No	No	No	Yes	No
Ice-Cream vanilla	No	No	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes	No